

INFORM



The Cerebral Palsy Association of Manitoba

OCTOBER 2017

Inside this issue...

CPAM at the Zoo
PAGE 2

Westman News & Notes
PAGE 3

The Winnipeg Foundation
Youth in Philanthropy
PAGE 8

SAVE THE DATES

October 15th –
Deadline for Scholarship
Applications

October 28th –
Annual General Meeting

November 4th –
Westman Retreat

December 1st –
Christmas Holiday Party
details to follow

March 10th 2018 –
Winnipeg Bike Race

March 17th 2018 –
Westman Bike Race



PRIZE DAY 2017

Prize Day this year was an elegant affair hosted in the boardrooms of the **Taylor McCaffrey** offices. Taylor McCaffrey have been sponsors of our bike race since its inception with **Grant Mitchell**, now retired from the firm, a top fundraiser. **Cal Lambeth**, chair of CPAM's grants committee and **Samantha Mitchell** completing the circle as a board member. I'm hoping, lawyer and racer, **Elizabeth Mitchell** will inherit the family tradition.



When we first organized Prize Day, my idea was to honour those folks, who make extraordinary contributions to the Stationary Bike Race like our top fundraising teams. **Chad Fowlie** led the **Great West Life** team in raising just a little under \$40,000. What an effort. **Keith Potter** captained the **Investors Group** team to second place. **Rachel and Scott Smith** made their family's presence felt: they third in the fundraising efforts and their daughter, **Willa** proved to be the top family fundraiser. Thank you everyone for your efforts.

When it comes to the team that clocks the top km., it's been

impossible to knock off the **Winnipeg Police Blue Spokes** team for more than five years. **EY's** accountants posted a second place with Great West Life pulling in just behind. It makes me tired to consider their efforts!

It takes a team to win at the Cerebral Palsy Association of Manitoba Stationary Bike Race and this year 45 teams raised \$223,000 in pledges. That's a lot of effort from a lot of people.



Prize Day also gives us a rare opportunity to single out individuals who make a difference to the Association. Now ten-years old, **Draycen Ralph**, racing with the Winnipeg Police Blue Spokes was our poster boy this year, appearing in digital and print ads. His smiling enthusiasm interests passersby and inspires us all. As a memento, we framed one of the posters on which he was featured.

CPAM AT THE ZOO



groups, and my group finished first (although I don't think it was a race)! I was hoping to see a polar bear swimming in the tunnel, but no luck. I did see some cubs in the "youth" section and Crystal "arranged" to have one of the bears pose on top of a rock for a perfect photo op (I think it was more the bear's idea). We were fascinated to learn that the bears respond to their keeper's use of sign language.

We started the afternoon off at the beautiful Qualico Family Center to have lunch, get caught up with friends and meet some new faces. It was a great day despite being soaked to the bone!

In the style of the brave souls of the United States Postal Service, "Neither snow nor rain nor heat nor gloom of night stays these couriers from the swift completion of their appointed rounds." On Sunday September 24th, over 40 members of the Cerebral Palsy Association braved wind and rain to tour the 'Journey of Churchill' area of the Winnipeg Zoo. I had not been to the Zoo in 7 years (I stopped going when they started charging more than my allowance).

I was impressed. Crystal our tour guide was knowledgeable and lead us around the Zoo in an efficient manner. We were divided into two



WESTMAN NEWS & NOTES

The Cerebral Palsy Association of Manitoba Westman Branch Invites You to Attend the Fall Family Retreat November 4, 2017
Registration starts at 12:30 pm

Clarion Inn - Kensington Room
 3130 Victoria Avenue, Brandon

Registration deadline November 1, 2017

Contact Information: Tom (204) 724-6282
 tiltt@mymts.net

Cerebral Palsy Westman Conference Agenda:

- 12:30 pm — Registration
- 1:00 pm — Conference Start/Introductions
 — Speaker: Bob Jones, Community Living Manitoba
 “Developing a vision for yourself or your family member”
- 1:50 pm — Questions
- 2:15 pm — Break
- 2:30 pm — Speaker: Rod Lauder, Inclusion Winnipeg
 “How to advocate for yourself”
- 3:15 pm — Questions
- 3:45 pm — Free time/Questions
- 6:00 pm — Dinner*
- *Entertainment after dinner & social evening

Respite supplied from 12:30 to 4:30 pm. Please specify names and ages.

All of this is at no cost to you and your family if you are members of The Cerebral Palsy Association of Manitoba

This retreat partially funded by Community Living Manitoba who received funding from the Government of Canada, Employment & Social Development Canada under the Social Development Projects for People with Disabilities Program.

BOCCIA IN BRANDON

FOR WHO?

Intro to Boccia! Come out and play the game. All abilities welcome!



WHAT?

You are invited to an intro to **Boccia**, (/ˈbɒtʃə/ boch-ə) a precision ball sport, similar to bocce. The sport is contested at local, national and international levels, by athletes with physical disabilities. It was originally designed to be played by people with cerebral palsy but now includes athletes with other various abilities. In 1984, it became a Paralympic sport, and in 2008 was being practised in over fifty countries worldwide.

WHEN and WHERE?

October 4th, 11th, 18th and 25th from 7:30 to 9:30 pm
 Knox United Church, 451 - 18th Street, Brandon
 Room: Gym

CONTACT: Katie Gaiser, SMD Facilitator
 kgaiser@smd.mb.ca, 204-573-0211

TEAM SUMMARY		Final Results		
TEAM NO.	TEAM NAME	KM'S	PLEDGES	KM'S x Pledges
1	Melissa's Marvells	144.1	\$2,574.00	370,913
2	Brandon Mobility	192.5	\$4,259.50	819,954
3	Red Neck Riders	179.9	\$3,565.00	641,344
4	TiAden's Turtles	122.6	\$13,196.00	1,617,830
5	Tia's Troop	175.6	\$9,247.00	1,623,773
6	Bryce and Maddy's Crushers	140.1	\$6,344.00	888,794
7	Maddy and Tabby's Mustanges	121.4	\$1,171.00	142,159
8	Ride'n with Rayna	140.9	\$1,386.25	195,323
9	Rayna's Faithfull Riders	166.0	\$1,833.75	304,403
10	CP for Cp	144.4	\$1,171.00	169,092
11	Cody's Village People	108.0	\$1,837.00	198,396
TOTAL		1,290.5	\$46,584.50	-



TEAM SUMMARY 2017 Bike Race

Final Results

Sorted By Pledges

<u>TEAM NO.</u>	<u>TEAM NAME</u>	<u>KM'S</u>	<u>PLEDGES</u>	<u>KM'S x Pledges</u>
45	Great-West Life	310.9	\$39,781.45	12,366,859
7	Investors Group	232.0	\$23,046.00	5,345,750
15	Ryder's Riders	195.9	\$15,996.00	3,133,616
36	WFD - Firefighters	210.0	\$11,145.00	2,340,561
4	Taylor McCaffrey LLP	292.7	\$9,061.00	2,651,883
38	Bruce Family & Friends	201.8	\$7,463.00	1,505,660
5	CP Pedalers	186.9	\$7,354.17	1,374,715
17	Fans of Fran	284.3	\$6,590.00	1,873,735
2	Riders for Richard	239.1	\$6,175.00	1,476,319
12	Equipe de Marianne's Team 2.0	210.4	\$5,945.00	1,250,828
42	Charlotte's Crusaders	285.7	\$5,845.00	1,669,858
37	Ashley and Allyson's Angels	247.5	\$4,610.00	1,140,975
22	Cambrian Cruisers	225.4	\$4,445.06	1,002,005
27	Lucy's Bronx Bruins	168.8	\$4,363.85	736,443
30	CIGI	178.7	\$4,337.00	774,848
26	Lucy's Express	200.4	\$4,310.00	863,595
16	Andrew's Angels	197.5	\$4,092.00	808,170
9	Leegals Express	213.4	\$3,615.00	771,296
32	Robertson College Coasters	222.3	\$3,415.00	759,120
6	Out-Spoke-N /Equipe d'Elodie's Team	193.6	\$3,406.00	659,368
24	Lucy in the Sky with Diamonds	88.8	\$3,210.00	285,048
44	Wpg Police - Blue Spokes	443.3	\$3,070.00	1,360,931
11	Equipe de Marianne's Team 1.0	202.5	\$3,065.00	620,693
34	Chain Gang	197.6	\$2,800.00	553,140
28	Lucy's Hockey Heroes	188.2	\$2,726.00	512,924
25	Lucy's Royals	149.2	\$2,571.00	383,670
1	ParaStorm	153.3	\$2,190.00	335,815
20	St. Paul's College Student Association	193.6	\$2,162.00	418,477
33	Robertson College KranX	208.1	\$2,052.00	427,042
23	Bjornson Roofing for Lucy	199.2	\$1,930.00	384,437
43	Steingarten & Company	292.1	\$1,830.00	534,470
3	EY	314.6	\$1,817.41	571,830
8	Prolific Predators	197.0	\$1,777.00	350,122
40	Warriors of Wellness	193.7	\$1,650.00	319,638
21	Heather's Hustlers	177.1	\$1,565.00	277,083
31	Freedom Concepts	248.9	\$1,556.25	387,413
35	Harry and Friends	189.7	\$1,525.00	289,338
19	Manitoba Meds 2020	215.8	\$1,415.00	305,315
18	A.J.'s Riders	235.4	\$1,223.25	287,941
10	Les Bleus Pour Marianne	257.3	\$1,151.00	296,152
29	C-Fest Crew	231.9	\$925.00	214,517
41	Paul-Red's Racers	223.9	\$720.00	161,222
39	InMotion Network	244.5	\$710.00	173,609
14	199 RCACS Phoenix Riders	200.4	\$567.00	113,627
13	Winnipeg Wasps Rugby Club	188.3	\$475.00	89,443
	TOTAL			

9931.5 \$233,433.44

PRIZE DAY 2017 continued from PAGE 1

The race counts on its volunteers, who contribute hundreds of unpaid hours toward the race; as it gets closer, these folks are indispensable. We honoured **Donna and John Platt** for their many years of service to us. On her part, Donna has been around for 37 years! We have a great picture of the two of them to commemorate their participation on that rainy day. Thank you both. Since the untimely death of their lovely granddaughter, JJ, they have moved on to help another organization. We will miss them.

Our top individual fundraisers were awarded prizes by our new president, **Franck Blandignères**, another father committed to his two daughters, one of whom has cerebral palsy. Franck works as a translator.

GWL's **Charles Henaire** was awarded a season of chamber music, as performed by the Manitoba Chamber Orchestra, a Winnipeg jewel among the city's cultural treasures. **Todd Asman**, a tough competitor in the fundraising field won seasons' tickets to the Winnipeg Blue Bombers. **Grant Mitchell** won a night out at the Keg.



We do have one more very special person to discuss and a community organization who has been supportive of our work. **Nicola Woelks, Chair of Red River Cooperative Community Giving Board** was on hand to give away

an equipment grant prize valued at \$750. With **Freedom Concepts' marketing manager Evan Patterson** and with some additional funds from Freedom Concepts and CPAM, a Discovery 16, a custom-made bicycle was given to young **Robyn M.** It will stay with her until she completes her schooling. Her therapist **Megan Carter, from the Rehab for Children's School Therapy program** trained her young client on the machine before applying to CPAM for support.

"I wanted to see Robyn develop greater postural control, which could help her interact more easily with her peers," explained Megan. "I was confident CPAM was the place to go to receive the funding we needed. The Association has come through again – thank you."



Robyn's smiling face was proof of her successful strategy. Thank you everyone: those of you who cycle for us faithfully without ever seeking redress and those whom we single out for their efforts. We respect and honour you all. See you March 10, next year at the Wellness Institute, I hope.

SAVE THE DATE

Saturday, March 10 2018

WELLNESS INSTITUTE
© Seven Oaks Hospital
Winnipeg, MB

Great-West Life

BOCCIA FOR ALL

FOR WHO?

Intro to Boccia! Come out and play the game. All abilities welcome!

WHAT?

You are invited to an intro to **Boccia**, (/ˈbɒtʃə/ boch-ə) a precision ball sport, similar to bocce. The sport is contested at local, national and international levels, by athletes with physical disabilities. It was originally designed to be played by people with cerebral palsy but now includes athletes with other various abilities. In 1984, it became a Paralympic sport, and in 2008 was being practised in over fifty countries worldwide.

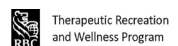
WHEN and WHERE?

Thursdays from 6:30 pm to 8:00 pm
2017 - Oct 12, Nov 9, Dec 14
2018 - Jan 11, Feb 8, March 8, April 12, May 10, June 14

St. James Civic Centre
 2055 Ness Avenue
 Winnipeg, MB R3J 0Z2

FOR FURTHER DETAILS, PLEASE CONTACT: David Kron 204-982-4842; davidk@cerebralpalsy.mb.ca

RSVP FOR EACH DATE INDIVIDUALLY TO: Yvonne Kash 204-258-6500; yvonnek@rccinc.ca



Manitoba Cerebral Palsy Sports Association



The RBC Therapeutic Recreation and Wellness program is part of RCC's LIFE program, and is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at www.crf.mb.ca

CPAM AT THE GAME



Members of the Cerebral Palsy Association had several different opportunities to go out into the community this summer. The first chance was Winnipeg Blue Bomber

Game in June against Edmonton and continued to a thriller game on July 27th when the Bombers came back in the last seconds to beat Montreal.

On July 12th we had a more relaxed evening out when the Goldeyes beat the Sioux City Explorers at Shaw Park. Unlike other years, the weather held out for all three events.






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 and **CONFIDENCE**
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Conductive Education rehabilitation.

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 1646 Henderson Hwy, Winnipeg, MB

DID YOU KNOW?

CPAM HAS A LIBRARY AND THE BOOKS ARE AVAILABLE FOR LOAN.



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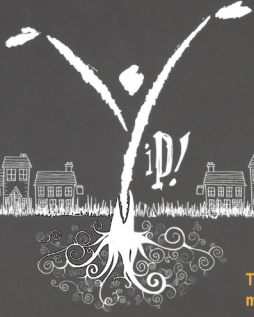
THE WINNIPEG FOUNDATION YOUTH IN PHILANTHROPY

Donations come from different places. In May, I received a call to meet with a group of students... this led me to the YiP program.

A household name to thousands of Winnipeggers, The Winnipeg Foundation has never been an agency content with sitting still. Eighteen years ago,



2016/2017 Youth in Philanthropy
Rooted
in Community



In recognition of
Cerebral Palsy Association of Manitoba
as a recipient of a grant from
Miles Macdonell Collegiate

Thanks to your commitment to the program, YiP committees have granted more than \$1.5 million into the community.

THE WINNIPEG FOUNDATION **W** Your Community Foundation For Good. Forever.



researchers and in various other capacities, including several hundred as audience members.

When he told fellow students about his desire to

they established the Youth in Philanthropy program with the intent of introducing students to the art of philanthropy and giving.

Initially, the Foundation approached different schools to participate by choosing a student from their school population who might benefit from their financial assistance.

Students learned about grants, applications and awards. Now, there's a waiting list.

Last year, Miles Macdonell Collegiate was at the table. Jordan Rogodzinski was an active

student at the Collegiate as well as being a member of the Cerebral Palsy Association of Manitoba. At school, he organized and acted as chief interviewer on a weekly sportscast, the Jordan 411 sports show for which he pulled in big sports celebrities like his hero, former Winnipeg Blue Bombers receiver Milt Stegall who flew in from Atlanta, especially to be interviewed on air.

Jordan's passion is sports, especially football and he loves the chance to talk with his heroes. It's amazing how many of them have been on air. His show employed students as camera people and

live independently and his need for a power door, students at Miles Macdonell working on the YiP committee approached the Cerebral Palsy Association of Manitoba and interviewed David Kron. The rest, as they say, is history. Jordan's request was granted.

"The YiP program gives young people the opportunity to connect with community organizations, as well as the skills and resources to contribute in a meaningful way," says Brigette DePape, Youth Engagement Coordinator, who acts as connector and mediator between the students and the Foundation. The Winnipeg Foundation provides the funding.

WINNIPEG CYCLE STUDIO

This year, Winnipeg Cycle Studio on Osborne Street, leapt into the Stationary Bike Race without missing a beat. The indoor cycling studio, where some of the city's top riders spend time regularly on their indoor bikes to stay in shape, contributed \$2100 toward Martial Caron's fundraising efforts for the Canadian International Grains Institute or CIGI bike race team.

Martial doesn't attend the studio every week but he enjoys it when he does. "Taking 45 minutes out of my life for my body and my health

makes sense to me," says Martial.

Every Friday night at 6 p.m. a \$10 spinning class welcomes a number of new and experienced riders. All proceeds go to a local cause. In March 2017, CPAM became that recipient. Instructor Amy Houston chose the Association after reading Martial's fundraising post on Facebook and the donation was made in his honour.



Jamie Murray and Kristy Weiss initiated the studio and operate it. Jamie credits his wife Kristy as the driving force. Classes are run from Monday to Friday, from 6 a.m. to 8 p.m. Thirteen instructors host the classes daily.

Music, cycling and the riders themselves make the studio a lively place, a little like the Bike Race itself. "We wanted a place with a good community feeling," Jamie explains and from what people tell me who do train there, they've managed to achieve that goal well.



REHABILITATION
CENTRE FOR
CHILDREN



Therapeutic Recreation
and Wellness Program

2017/2018 SWIM DAYS AT NORTH CENTENNIAL POOL

FOR WHO?

- Clients of RCC and their families
- Members of the Cerebral Palsy Association of Manitoba

ALL ABILITIES WELCOME!

- Meet other families for fun and networking
- Check out the accessible facilities. Adapted change rooms are equipped with ceiling track lifts. If you use a mechanical lift please bring your own sling. There are also water wheelchairs and ramp entry to the pool.
- Check out our adapted flotation and life jackets. All are available for loan!
- Snacks, table games, and crafts will be available from 1:00 – 4:00 pm

WHEN AND WHERE?

- Sundays: 2017 - November 5, December 3; and 2018 - February 4, March 18 from 1:30 - 3:00 pm (try to arrive by 1:00 pm to allow time for changing)
- Register for one or all dates and bring the whole family!
- North Centennial Pool: 90 Sinclair Street, Winnipeg
- Free of charge for families

FOR FURTHER DETAILS, PLEASE CONTACT:

- Carol Kehler 204-258-6537; ckeherl@rccinc.ca
- Maya Kirstein 204-258-6538; mkirstein@rccinc.ca

RSVP TO: Yvonne Kash 204-258-6500; yvonnek@rccinc.ca

We have staff who are able to help with changing; please let us know ahead of time.

SSCY Centre, 1155 Notre Dame, Winnipeg, Manitoba, Canada R3M 0A8

THE RBC Therapeutic Recreation and Wellness program is part of RCC's LIFE program, and is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at www.crf.mb.ca

EQUIPMENT GRANT



CALEB RECEIVING A MOTORIZED LIFT FOR THE FAMILY VAN!



THANK YOU FROM THE OARC

The Open Access Resource Centre (OARC) thanks the Cerebral Palsy Association of Manitoba for their grant support to Camp yAAC 2017!

Camp Manitou, in Headingley, hosted Camp yAAC for three glorious days in July. This camp focused on communication and twelve campers (aged 6-21) used their speech-generating devices to chat, participate in singing, story time and share their favorite parts of the day. The weather cooperated making it possible for the kids to swim, zipline, play water games, and go on a scavenger hunt. This camp is organized by Camp yAAC Committee volunteers, and run by volunteers with the help of OARC staff. The campers and their exceptional support workers had a blast! Thank you CPAM for your support!



HERE'S GARRETT SETTING OUT ON HIS FLIGHT DOWN THE ZIPLINE!



Open Access Resource Centre
Presents

ERIN SHELDON, M.Ed

MODELLING AAC ON THE PATH
TO SELF-DETERMINATION

Erin Sheldon is an Assistive Technology Consultant in Kingston, Ontario and presents internationally. She is the mother of a grade 9 student with Angelman Syndrome. Erin earned her M.Ed degree at Queen's University studying literacy development in students with significant disabilities. Whether your student is in a regular classroom or a special education setting, whether they are emergent to AAC or developing strong literacy skills, this workshop will give you new ideas about how to incorporate AAC use into all your instruction, with the end goal of fostering language and cognitive growth.

To register or get more information on the conference, visit www.oarc.ca **DATE: Friday, May 4, 2018, Winnipeg**

Do you have a child between the ages of 4-10 years who has Cerebral Palsy and experiences sleep problems?

CEREBRAL
PALSY



bedtime resistance
falling asleep
staying asleep
waking too early.

If so, you may be eligible to participate in the **Better Nights, Better Days**: Usability for Children with NDD Study and receive gift cards valued up to \$100 in compensation! Find out by taking our screening questionnaire at the link below!



<http://tinyurl.com/bnbdnddusability>

CAPTAIN: SCOTT ALLAN

As captain of the InMotion Network Physiotherapy Clinics and More team and co-founder of the clinics, Scott Allan moves with the grace and restlessness of an athlete. He is an outgoing and curious man, hence his involvement in the business of healing, not just the hands-on work.



A dedicated mountain biker, he likes to spend at least a couple of weeks every year on the trails of BC, particularly those around Fernie.

“Typical of many athletes and like many other physiotherapists, I came to my profession through sports injuries,” Scott explains.

“Because of old injuries, I worked with physiotherapists toward recovery over the years and became intrigued by what they did. It was right up my alley. As a physiotherapist, you can be very mobile, meaning you can work almost anywhere in the world and you can make a decent living, if you’re prepared to work hard.”

Scott Allan graduated in 1987 from the University of Manitoba; he has been in motion ever since that time growing expertise and working with his partners to develop his profession and the private clinics in which many physiotherapists work today, particularly in Manitoba.

“I came to the bike race through Franck Blandignères. My colleague Linda Loutitt asked me to join Équipe de Marianne and I was inspired by Franck’s story about his daughter with CP and his dedication

to both daughters. The race itself makes for a fantastic day and a great team-building event. I decided to form our own team.”

The first year, inMotion Network Physiotherapy Clinics and More’s team came third in the competitive race for the most km. An old injury, however, stopped Scott in his tracks this past year and he is now recovering hard. Expect some competition from them at the next bike race, when Scott hopes to be fully recovered.



SPONSOR: INMOTION NETWORK

“After taking part in the bike race that first year I could see that it was a perfect opportunity for us as physiotherapists,” explain Scott. “The InMotion Network is so much more and this was a good fit for us: a chance to get involved with the community and to showcase our team. We work as an allied health group, which means that when you come for a physiotherapy appointment, if you’re having problems with your feet or your weight or some other health issue, we can refer you right inside our clinic to an athletic therapist or a special foot-care nurse or a dietician.

“As part of the clinic network, we have physio, occupational, massage and athletic therapists, as well as

dieticians and kinesiologists. As a team, we couldn’t manage without our wonderful support staff. These behind-the-scene folks keep us efficiently organized offering friendly smiling faces to clients, who are often in pain and feeling unwell. We all work together in the clinic for the provision of total health care and wellness for our clients, a kind of one-stop shopping for care.”

InMotion Network Physiotherapy Clinics and More is comprised of eight clinics. Physiotherapy Works, downtown was the first to open, with partner Stephanie Roberecki. Others are Creekside by the Grace Hospital, Arborg, Gimli and Portage la Prairie. The largest clinic is in Stonewall, north of the city. The team also maintains a fly-in clinic for

inMotion
NETWORK

Physiotherapy Clinics and More

northern clients, providing service regularly in Gillam, flying into the community with Manitoba Hydro. The latest addition to the team is Sagecreek Clinic, serving south-east Winnipeg and those living south of its perimeter.

Partners in the enterprise are Stephanie Roberecki, Sherry Scott and Scott Allan himself. They do all their own hiring.

“We try to hire staff who are friendly, extroverted and caring as well as being professional enough to contribute to the team. At InMotion Network, Physiotherapy Clinics and More, we still hope to grow further and are now evolving our brand.”



AGM

The Cerebral Palsy Association of Manitoba

ANNUAL GENERAL MEETING (AGM)

Date: Saturday, October 28, 2017
Time: 1:00 – 3:30 PM
Place: Canad Inns – Fort Garry
1824 Pembina Hwy
Ambassador Room A

PROGRAM - times are approximate

- 1:00 – REGISTRATION – socializing, snacks, beverages
1:15 – President's Welcome and Remarks
1:25 – Presentation FROM CPAM RESEARCH AWARD WINNERS:
- DEMOGRAPHICS OF MANITOBAN CHILDREN & YOUTH WITH CEREBRAL PALSY
 - EVALUATION OF COMPUTER-AIDED GAME BASED TELEREHABILITATION PLATFORM
 - WHAT CONSTITUTES A SUCCESSFUL TRANSITION FOR YOUNG ADULT MANITOBANS WITH CP
- 2:00 – Break
2:15 – Presentations
2:30 – AGM & Reports
3:20 – Closing remarks
3:30 – Board of Directors meeting – Election of Executive

You must be a current paid up member to vote at the Annual Meeting.

There is no cost to attend the AGM but please phone/email your attendance by October 24, 2017:
1-204-982-4842, 1-800-416-6166, office@cerebralpalsy.mb.ca