

INFORM



The Cerebral Palsy Association of Manitoba

MAY 2016

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June 8 & 24, 2016
Blue Bomber Games

July 13, 2016
Goldeyes Game

"CYCLE FOR CP" THE AD SAID AND ALL OF YOU DID

If last year's race was greener than ever, this year's bike race was more fun. Best of all, thanks to all of our racers and captains, we raised the most money ever. On race day, we topped \$191,380 and clocked more than 9766 km. It helped that we had 43 teams, including two half teams. This year, we had more kids involved, both cycling and fundraising. Collecting toonies to make \$20 or \$100 is an arduous process but kids and their captains did it with enthusiasm.

Thank you everyone who contributed as volunteer, captain, racer, family, friend, sponsors, donors and contributors. Even the retiring police chief Devon Clunis turned out to cycle. And let's not forget our radio host Energy 106s Frankie Hollywood, whose enthusiasm helped push the stakes ever higher. He was fuelled by chocolate milk (he drank four gables himself!), courtesy of a new sponsor, the Dairy Farmers of Manitoba.

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"CYCLE FOR CP" THE AD SAID AND ALL OF YOU DID

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Sponsors help offset the cost of putting on the race. Luckily we have several long-time ones including our title sponsor Great-West Life. The Wellness Institute has donated the space for eleven years now; Winnipeg's Freedom Concepts accommodates all of our riders who need adapted bikes. Nor can we forget family sponsors like R.EN Demolition and Landscaping. Legal and accounting firms including Taylor McCaffrey, Pitblado Law, D'Arcy & Deacon, KPMG and Investors Group, Genumark, plus InMotion, a physiotherapists' collective and United Firefighters of Winnipeg Local 867 are all critical to our wellbeing. Once again, Great-West Life's team topped the charts for money raised, bringing in more than \$36,000. Their long-time captain Sandra Scott couldn't make the day until later, so a new captain Chad Fowlie was on hand to urge his fellow cyclists on.

Family teams like Fans of Fran and Ryder's Riders, smaller teams like Leegals Express and Bjarnson Roofing for Lucy; sports' teams like Parastorm Swim Club, Lucy's Royals, Lucy's Marauders and the Winnipeg Wasps; and accountant firms like Steingarten and Company and EY and make up the mix. We count on them all. Thanks to a renewed commitment from Red River Coop we have two new family prizes, two-\$250 gift certificates for gas, food and pharmacy, to honour families who raise the most funds.

Winnipeg Police Blue Strokes battled hard with WSP/A49 for the trophy awarded to the team who clocks the most km. Winnipeg Fire fighters raced just a little behind the other two teams. It seems that without the competitive edge, we might lose a little something. Whether its km. or dollars raised (and some teams push both), all of the teams have helped us reach this milestone in our twenty-seventh year. It isn't the money, it's the extra people we can now help.

Artist Betty Ann Bertrand, a quilt maker from Rivers, MB contributed a beautiful hand-made quilt to be awarded to the top fundraising individual. The Winnipeg Blue Bombers came up with a package, which enabled us to award a pair of season's tickets to one of our top fundraisers, while Osborne Village's Out of the Blue and the Oakwood Cafe contributed gift certificates for a dress-and-dinner evening out. Winnipeg merchants, large and small, from Safeway/Sobeys to the Canister donate gifts, considerable swag and the promise of services



rendered with gift certificates for everything from opera to cut flowers. And talking of prizes, in June we host a Prize Day at which everything, which wasn't already given away as a draw prize, is awarded. Watch for more details.

More than 80 volunteers signed everyone into the race and sold raffle tickets; served lunch; organized and handed out the prizes; hung up coats; massaged your aching muscles and maintained the long reception table loaded down with bagels and cream cheese, fruit, juice, milk and other goodies. The pit crew serviced 43 bikes. McDonalds served coffee and muffins. It's an amazing day with lots of laughter and love, plenty of competitive spirit and comradie and on top of all, powerful fundraising.

This year, three televisions, which seemed huge until we raised them six and a half feet into the air, announced the sponsors and our race totals, both in moneys raised and km. cycled. Thanks Chris Moffat of Global Innovations for writing the program and being on-hand throughout race day to ensure they worked. Our old reader boards had been long overdue for retirement.

The CPAM Stationary Bike Race is all about disability and family, which includes siblings, parents, grandparents, aunts and uncles, friends and co-workers, business partners, aides and all other folks who dig down and help. It's an enormous team effort. Thank you all. See you next year, Saturday March 11, 2017 at 9:30 a.m.

WESTMAN NEWS & NOTES

FAMILY RETREAT

Back in November, the Westman committee of the CP Association held the bi-annual 'Family Retreat' at the Royal Oak Inn. Over 58 members & their families came out for fun, education and entertainment.

In the afternoon, some members went swimming and lounged by the pool. The majority stayed and had a friendly game of bingo, where many prizes were awarded.

After a feast of ribs & chicken, we were masterfully entertained by Christina the Crazy Hooper. It was amazing to see her twirling 72 hula hoops at once! Afterwards, she got some of the audience to twirl a single hoop...way to go!

The day was a success, where all participants got to share, have fun and get away for the day.



NEW DOORS AT KEYSTONE CENTRE

In January of 2016, using funds raised at our CPAM 2015 Bike Race, the Keystone Centre in Brandon became little more accessible. The Westman Chapter awarded a grant to cover the hardware and installation costs for a pair of accessible doors. The far south doors of the Curling Club entrance had automatic accessible doors installed earlier this month. These newly powered-accessible doors see high volumes of traffic, as they are the main entrance for patrons of the Brandon Curling Club, Kinsmen and Enns Brothers arenas and the UCT Pavilion.

"The more we do for the community, the more awareness we bring to cerebral palsy, and that is part of our mission", said Tom Czerkawski, Chair, Cerebral Palsy Association – Westman Chapter.

This was the second grant awarded to the Keystone Centre for accessible doors. The first was the interior main concourse doors at the Centre in December 2014.

"We're thankful to the Cerebral Palsy Association for providing the funds to enhance the operation of these doors to provide better access for all the members of our community," said Neil Thomson, general manager, Keystone Centre. "At the Keystone Centre, we continue to strive to be accessible and grants such as these certainly help us towards achieving that goal."

BIKE RACE

The 23rd Annual Cerebral Palsy Association Bike Race took place on March 19th 2016. With 12 teams and 14 riders on a team, the Westman Committee of Cerebral Palsy Association held a very successful event. The riders raised over \$48,000.00 for grants and activities in the Westman region.

The Towne Centre was again the host location, with several Brandon businesses supporting the event. A big thanks to Remington's for providing the food and Aaron's for lending us a set of TVs. The bike race is a truly a community event.



THANKS TO THE BRANDON WHEAT KINGS

and the Keystone Centre, a group of our members had the opportunity to attend a Wheat Kings game on March 11, 2016.



"AWESOME!" THAT'S HOW RACHEL GLIDDEN DESCRIBED HER FIRST FLIGHT unaccompanied by her parents and a dream come true in which she managed to meet all of her heroines.

The eight-year old Brandon girl was chosen as one of 140 children, plus parents and volunteers who flew to Orlando's Disneyland as part of Dreams Take Flight in April. The annual Air Canada charity, which gives CPAM the opportunity to send one or two children off to the flight of their lives has been organized for more than 20 years.

Rachel and her mum, Lesley started the day off driving through a Manitoba snowstorm. After a night in a hotel and up again at 2 a.m. the young girl enjoyed a balmy sunny day in Florida. It was pretty exhausting for the Kirkcaldy Heights student, reputed to be shy, who wanted most to meet Ella from the recent animated feature Frozen. Arriving at Disneyworld, she achieved that dream before going any further. Not only did Rachel meet Ella, Mickey, Tinkerbell, Cinderella, Pooh Bear and Tigger but she talked to them and had her picture taken. It was just the start of a whirlwind day of rides, and food and other fun stuff, all organized by the Dreams Take Flight charity and Air Canada itself, which provided a plane and two pilots for the trip out to Orlando and back.

"They even paid for our stay in the hotel before and after Rachel's magical day," raved Lesley. "I can't say enough good things about all of the volunteers that made the day possible. They took care of everything, giving Rachel the time of her life. I wanted Rachel to gain some confidence by doing something independently and what a way to manage it."

Rachel was a little bleary-eyed on her return at 1 a.m.; she hadn't slept a wink on the plane, not wanting to miss a thing. It wasn't long before she started telling all. Thank you to all the wonderful volunteers and Air Canada itself, who make the Dreams Take Flight a reality for all of the children, including CPAM member Rachel Glidden.



SWIM DAYS AT NORTH CENTENNIAL POOL



Hi David,

I wanted to write you to express our gratitude for arranging the Swim Days this year. Our family truly values this time together, and as parents, Phil and I appreciate so very much the assistance given with changing Kristen!!! I find as she's getting bigger, and we're getting older, that opportunities to go swim become that much more difficult due to her growth and our age!

The large, padded physio tables are a perfect height to protect backs, which protects workers and consumers such as Kristen!!

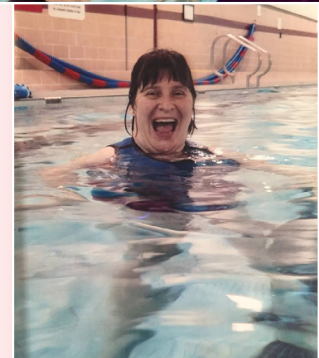
From the bottom of my heart, I truly thank you for this phenomenal opportunity to give Kristen a healthy chance to be active, out of her chair, and to experience being in

the weightless water!!! There have been numerous CPAM members to experience this thrilling opportunity, and it's been great to meet numerous young families through RCC, as well!

As a parent with a family member with a physical disability, I sincerely value this fun opportunity for our entire family to participate, together!! Without the physical assistance, I would be too exhausted (from exerting effort to change Kristen on a narrow, low bench) to enjoy the quality time swimming with the family.

Much appreciation and sincere thanks! We hope this treasured swim program partnership will continue for a long time.

Thank you,
Wendy, Phil, Kristen & Owen



Samantha Mitchell, CPAM Bike Race Committee & Board Member, and Emily, RCC Staff Member, enjoy swim days!

PITBLADO RAFFLE AT BIKE RACE

"I was invited by CPAM Board Member Tara Birch to come to the race. I never win anything but if it's for a good cause, I like to give it a try," admitted Kendra Nixon, professor at the University of Winnipeg, who purchased the winning ticket at the race. (Note: the ticket was drawn at 3:45 pm by our emcee Janet Stewart) Nat Shewchuk cycled for Lucy's Royals, a team of young hockey players. When Calvin and Kendra's younger son wanted to join in, his parents suggested he get involved in

fundraising. The two brothers went door to door to up their pledges for Nathaniel.

"The race itself, the fundraising and all of the involvement was a good learning experience for my sons," Kendra said. "Because neither Calvin nor I could wear the Apple Watch, we traded it and the iPad mini in for a larger iPad that the whole family could use. It was a great race and a good experience for all of us. Winning something so cool was the icing on the cake."



Calvin Shewchuk and son Nathaniel (better known as Nat) are happy to receive their prize: the Pitblado Law iPad & Apple Watch draw from the CPAM Stationary Bike Race.

HOLIDAY PARTY 2015

The CPAM holiday bowling party took place on December 12 2015. I know I am a little late for a Christmas article, but hopefully the wait is worth it ;)

We had over 65 members and their families out for an afternoon of bowling, sharing lunch, and visiting. Each member took home a gift, choosing from a large selection. I am looking forward to our next holiday bowling, on December 11 2016, again at Academy Lanes.



DOCTOR ASSISTED DEATH LEGISLATION IS COMING SOON:

How Canada got here and where we might go in the Future.

What started the ball rolling?

In February 2015, the Supreme Court of Canada, in a unanimous ruling (*Canada v Carter*), stated that Canadians who have a "grievous and irremediable medical condition" (including an illness, disease or disability) that causes enduring suffering that is intolerable to the individual will be allowed to request a doctor's assistance in dying. This opened a new period in the "right to life", "right to die", and death with dignity" debate. What had up to that moment been a serious criminal code offence would now be, for those who fit the parameters, a way to die with help and on their own terms. Never an easy question, and one fraught with emotion and fear of going too far, or not far enough, the government of Canada was required by the Supreme Court decision to create and introduce legislation that would bring into law the right to physician assisted death.

What would the new law say?

But what would be the limits of such a law? Since February of 2015 this has been a complicated question in need of an answer. Failure to bring into law a new bill on this issue would result in the existing law, which criminalized such behaviour, being void. The previous federal government under Prime Minister Stephen Harper took the matter under advisement and struck a committee to consult and gather information. When the new Liberal government was elected in October 2015, the problem became theirs to solve. As time was of the

essence, the government requested, and was granted an extension by the Supreme Court. The new deadline is June 6, 2016.

As required by the 2015 Supreme Court decision, Justice Minister Jody Wilson Raybould tabled a bill in parliament in April 2016 to amend the Criminal Code to allow medical assistance in dying. Bill C-14 creates exemptions from the offences of homicide, of aiding in a suicide and of administering a noxious drug, in order to permit medical practitioners and nurse practitioners to provide medical assistance in dying and to permit pharmacists and other persons to assist in the process, without having committed a crime.

The bill currently before Parliament will restrict assisted suicide only to mentally competent adults with "enduring and intolerable suffering" and in cases where death is "reasonably foreseeable." The process is initiated by a written request, with two independent witnesses present. The request is then evaluated by two physicians or nurse practitioners. It also mandates a 15-day reflection period for the individual and at the end of that time the person must again reiterate that they wish to go ahead with the procedure.

Too Far? Not Far Enough?

The bill, C-14 has been criticized by some as not going far enough in permitting doctor assisted death. For example, the government has excluded individuals under 18 (so called "mature minors") who may be suffering a terminal illness. The bill also excludes individuals suffering from mental illness without physical illness and "foreseeable death."

By the wording of the Supreme Court decision, it is possible to argue that an individual with a mental illness which causes them irremediable and intolerable suffering should be eligible. Similarly, individuals with an irremediable disability which causes unceasing suffering, but with no "foreseeable death" are also excluded. The family of Kay Carter, the woman who initiated this case, have pointed out that as a person with spinal stenosis she would be excluded from this Act, even though the SCC ruled in favour of her right to an assisted death. On the other hand, there are those who feel this Act goes too far and that any diminution of the protection of the vulnerable at the hands of medical practitioners is too risky a step to take.

Where does it leave us?

Clearly, the federal government has tried to strike a balance in this legislation and it is aware that there will be challenges in the coming years to push the boundaries outward. Only time will tell how far these limits will be relaxed. It is important to understand this legislation and the beliefs that are being projected and written into Canadian laws. They will have a profound effect on society in the future. Individuals with disabilities will want to understand the ramifications of such legislation on the themselves personally and on the future protection of medical services, palliative care, and other matters that particularly affect individuals with disabilities.

* Any quotation marks note the actual wording used in legislation

By Cal Lambeth

THANK YOU TO ALL SUPPORTERS:

- Cerebral Palsy Association Members
- The Prairie Dawn Foundation
- Manitoba Hydro Employees – Selkirk & Interlake
- Manitoba Hydro Employees – Thompson
- Government of Manitoba – All Charities Campaign
- City of Winnipeg Employee & Retirement Fund
- Dr. Darcy Deacon Foundation
- Brandon Sun Jeans Day
- Donations in Memory of Ashley & Allison Bruce
- Donations in Memory of Mr. Mark Cameron
- Donations in Memory of Mr. Keith Robertson
- Donations in Memory of Bonnie Fawcett
- Dreams Take Flight – Winnipeg
- Field of Dreams – Winnipeg Goldeyes
- The Jewish Foundation – Susan Rodgers Fund
- Rural United Way – Morden & District
- Rural United Way – Winkler & District
- Rural United Way – Altona / Gretna



A SPECIAL THANKS...

I am always surprised what comes in the mail; it is like a “box of chocolates” you never know what you are going to get. CPAM was given a surprise gift back in the fall; we received a donation from the Prairie Dawn Foundation. The Foundation was started by the Green Family, in memory of Dawn Green-Mckie, the fund’s goal is to give back to the community.

DID YOU KNOW?

If you cannot sit in a dentist chair? Or Need a bit of help.... The Health Science Centre has a Dental program. You may need a referral, but call (Adults) 204-787-3645 or (Children) 204-787-2516.

IT'S ABOUT INDEPENDENCE

It's about helping children and adults with neuro-motor disabilities gain physical mobility, functional independence and confidence.

Since 1998, The Movement Centre of Manitoba has provided Conductive Education rehabilitation to countless Manitobans living with cerebral palsy and other neuro-motor disabilities.

Conductive Education embraces an integrative approach to learning and works simultaneously in the areas of movement, speech and cognitive ability instead of as separate components of development. To learn more about how Conductive Education can benefit you or someone you care for, please visit us online or give us a call today!

Visit us at www.movementcentre.ca or call us at (204) 489-2679 to learn more.
1646 Henderson Highway, Winnipeg, MB R2G 1N7

MANITOBA CHILDREN WITH MOVEMENT DISORDERS

A SUPPORT GROUP FOR FAMILIES

IF YOUR CHILD HAS:

- HYPOXIC ISCHEMIC ENCEPHALOPATHY
- CEREBRAL PALSY
- MUSCULAR DYSTROPHY
- RETT SYNDROME
- ATAXIA
- CHOREA
- DYSKINESIA
- DYSTONIA
- SPASTICITY
- HYPERTONIA
- HYPOTONIA
- MYOCLONUS

OR ANY CONDITION RESULTING IN A MOVEMENT DISORDER

YOU ARE NOT ALONE!!!

TO FIND OUT MORE ABOUT THE GROUP, JOIN US ON FACEBOOK:
<https://www.facebook.com/groups/ManitobaChildrenWithMovementDisorders/>

EMAIL: manitobacmd@gmail.com PHONE: 204-803-8868

CPAM will be hosting a MCMD meeting in the near future.

Stay tuned for details!

IN MEMORIAM

Cayden Deeton

May 6, 2010 -
December 1, 2015



CAYDEN JAMES DEETON Born May 6, 2010 - Passed December 1, 2015 Cayden James Deeton, our “Monkey-Butt”, was granted his angel wings on December 1, 2015, following a lifelong battle with Hypoxic Ischemic Encephalopathy resulting in Severe Cerebral Palsy. He passed suddenly, but peacefully, at home in his sleep. His final days were spent surrounded by his family and CFL Cheerleaders and players, enjoying the Santa Claus Parade and also seeing his home lit by an extensive Christmas display. Cayden had touched so many lives in a huge way during his short yet very memorable life, one of his big lessons being that the quality far exceeds the quantity of time we spend on Earth. His big, beaming smile and giggle would melt the hearts of those around him. Although Cayden’s illness presented many challenges, he possessed strength, perseverance, and an ability to overcome incredible odds. With his courage, he led us to believe that each day is a blessing and an opportunity to create lasting memories. He loved being surrounded by family and being out and about, attending every parade and festival possible, especially if there were fireworks involved. He could spend hours giving “Cayden Cuddles” reading a book or watching his favourite TV shows, movies, sports or home videos. Cayden loved swimming, the arcade, and he very much enjoyed learning and playing with other children, especially his kindergarten classmates. He most enjoyed singing and dancing, often laughing hysterically through action songs. Although he was protective of Uncle, anyone who knew Cayden knew he was a big bully. To get him to smile, all you had to do was get hurt! His mischievous giggle would make you forget the pain you were in. He loved spinning, going fast and the rougher the play, the better. He often joined in family tickling wars, wrestling matches and pillow fights! Cayden seemed to be a magnet for people and therefore, special opportunities: attending the zoo, several Goldeyes games, a Bomber’s practice (even though he was Rider’s fan!), a Jet’s game and so many others. Wherever we went, Cayden had a very special experience whether it was adding another friend or receiving special items. With Cayden’s passing we remind others that his life is one to be celebrated. Although we will miss him every day, he will forever remain in our hearts. Cayden is survived by his loving parents, Bobbi and Ross Bottle and Jesse Deeton, sisters Alexis, Isabelle, Laura and Zoey, grandparents Jean and Joe Sopol, Wes and Debbie Zimmer, Elizabeth Van Dam, and William and Sandra Bottle, his wingman Uncle Daryl and his large extended family of aunts, uncles, and cousins. Cayden also leaves behind many wonderful, special people, too numerous to mention, who provided Cayden with love, support and enhanced his and our quality of life He joins his friends and family in the big playground in the sky.

IN MEMORIAM

Beverley Clouston

March 16, 1947 -
April 26, 2016



BEVERLEY ANN CLOUSTON March 16, 1947 - April 26, 2016 Peacefully, at her home, Bev passed away at the age of 69. Born in Selkirk, Bev began her life in Cloverdale on the family farm. At the age of 10 years, she was moved to the Manitoba Developmental Centre, in Portage la Prairie. She lived there for 28 years. At the age of 38, she moved to a group home in Stonewall, where she happily remained with her loving support staff and roommates, and worked at the Arris Centre, which she was very proud of. Bev was a courageous, feisty, sensitive and loving woman. She met her many challenges with determination, grace and endless perseverance. She loved her family and her Stonewall family and friends. She spent many happy hours doing puzzles of all kinds and visiting. She enjoyed travelling and loved to celebrate birthdays and Christmas. She had a radiant smile, gave crushing hugs and was extremely friendly. Her presence in the lives of everyone who knew her was huge and beautiful. Mourning Bev’s loss are her siblings: John (Hazel), of Winnipeg, Joyce, of Winnipeg, David (Marg), of Victoria, BC, Lana Armstrong (Lyle), of Langruth, MB, Lisa (Greg), of Cypress River, MB, as well as many nieces and nephews. Bev was predeceased by her brother Christopher Gary (1971) and parents, John Henry (Jack) (1989) and Lenore Edell (nee Birston) (1996), Clouston, of Cloverdale, MB. Bev is also recently predeceased by close friends, Harry and Nettie, and is mourned by many “second family” members and special friends in Stonewall and at the Arris Centre. Heartfelt thanks go to the amazing support workers who have taken such loving care of Bev during her life in Stonewall. Your compassion, patience and intimate care has always been so very appreciated. You are true angels. Thanks also to Dr. Graham for the ongoing care he has given to Bev over the years. A celebration of Bev’s life will be held on Wednesday, May 4, 2016 at 11:00 a.m. in the Stonewall United Church. Lunch will be served at the church, followed by interment at the Cloverdale United Churchyard Cemetery. In lieu of flowers, should friends so choose, donations can be made in Bev’s name to the Association For Community Living, P.O. Box 1222, Stonewall, MB R0C 2Z0. Always loved, forever remembered. Gilbart Funeral Home, Selkirk in care of arrangements. www.gilbartfuneralhome.com

OARC CAMP

The Cerebral Palsy Association awarded a grant to help Open Access Resource Centre (OARC) to put on a three day camp. Camp yAAC was held during spring break out at Camp Assiniboia and was designed to give kids a place to use their speech generating devices and develop their communication skills in a fun and functional way. Based on the 4 senses (sight, sound, touch and smell) activities were set up with a special focus of getting the campers to use their speech generating devices to make choices, participate or just talk about "stuff". The campers were able to see others using devices to communicate and learnt from these peers and role models while making new friends along the way. Camp yAAC was a huge success thanks to the campers, support workers and the 17 volunteers that gave their time to be there. OARC is great a partner of the CP Association and we look forward to a long future together.



THE JOYS OF A MANITOBA PUBLIC INSURANCE CLAIM

I received this note from a member and their family, who have recently had the experience of replacing their wheelchair van.

I strongly advise anyone purchasing a new vehicle to be sure to purchase replacement value insurance that can last for two years from your MPI Insurance Group. Insurance can be purchased for the amount you paid for the vehicle, plus the amount for the modification which to date runs approximately \$29,000.00. You can also ask MPI... to increase the replacement value to cover the cost of the taxes on a vehicle.

MPI will give you a quote of the damage cost to your vehicle that will unfortunately be inaccurate, unless the adjustor has contacted a modification expert to know the replacement cost of the damaged parts.

MPI will ask you where you would like your vehicle fixed if it is fixable. This is when you will find out how much damage is done and the auto body adjustor will know if it the vehicle is repairable. If vehicles are not fixable, they will be towed back to the MPI compound and your claim will then be started. You need to remind them that you are entitled to the replacement value or your coverage if the vehicle has been written off.

You will be allowed into the MPI compound to pick up your personal belongings from the vehicle. An adjustor will give you their proposal of reimbursement but if you don't feel it is a fair price you do not need to sign the paper work.

We were lucky to have the knowledge and expertise from Paul Howes at Northland Healthcare Products Limited in Winnipeg who is a Braun Ability Manufactures Modification distributor. Paul was able to quickly find us another van in which we were able to use the replacement value insurance money to purchase a new van.

Unless you need to stay in the hospital for more then twenty four hours with injuries from the accident the police do not need to be notified. You will just need to notify the MPI office to start your claim.

If personal injuries are acquired, you will be given a claim number and a representative to deal with your injuries. Your ambulance, Occupational therapy, and Physio therapy receipts can be sent to the representative to be covered by MPI.

You will not be compensated for transportation costs unless you are going to medical appointments.

If you are in a wheelchair that has damage you will need to be assessed by your Physio Therapist, who will make a referral to the place where your wheelchair was purchased from. which for us was Society for Manitobans with Disabilities. This organization sends in a cost quote to your MPI representative who will let you know if your chair will be covered by MPI.

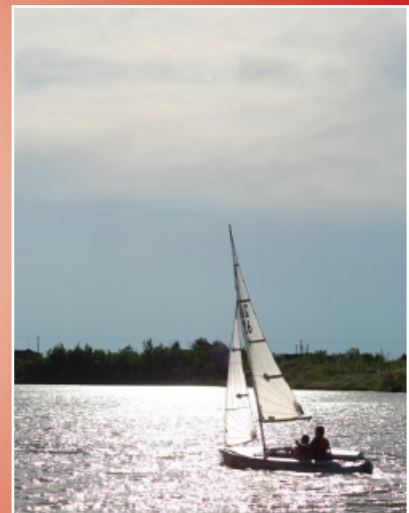
I am hoping this information will make the lengthy process a bit less stress full for anyone who happens to end up in the same situation. It certainly has been a learning experience for all of us.

Chantal and Lorraine Lussier

GREETINGS SAILORS!

ILRC Able Sail is a Winnipeg-based sailing program that operates out of Fort Whyte Alive, and is tailored to meet the needs of people with any level of ability, and any level of experience. Whether your interest is in learning to sail, leisurely sailing, or competitive race sailing, we have programs that fit your desire. This summer, we will be starting sailing on June 21st. We look forward to seeing all of the friendly faces from last summer, and many new sailors too! We're keeping our fingers crossed for good wind and weather forecasts throughout the summer at the Winnipeg Sailing Centre. To any groups that would like to sail, we encourage you to sign up as soon as possible, the same goes for individual sailors, but keep in

mind that for individuals, the first sail is always free. As is custom, we will be hosting our weekly race night for those sailors with a competitive spirit. This will take place every Thursday between 5:00 and 8:00pm. We welcome you to drop in to our open house, which will be held on Thursday July 7th at the Winnipeg Sailing Centre located at Fort Whyte Alive (1961 McCreary Rd). For more information visit our website www.ilrc.mb.ca and follow the link to the Able Sail program. To book a sail please call Mindy at the ILRC (204) 947-0194 or e-mail ablesail@ilrc.mb.ca. We hope to see you all this summer, Happy Sailing!





YOUTH (ages 14 – 21) NEEDED FOR RESEARCH STUDY!



The Faculty of Kinesiology & Physical Education at the University of Toronto is conducting a study to understand current trends in physical activity among Canadian youth with physical disabilities.

Participants will be asked to: (1) complete two telephone interviews, recalling what activities they did the day before, (2) answer a few questions about parental support and motivation to be physically active, and (3) wear an accelerometer for one week.

Participants can receive up to **\$35 in gift cards** as a token of appreciation, and can count hours spent participating toward volunteer/community service hours.

To participate in this study, please visit:
<http://fluidsurveys.com/s/NPAM/>
or scan the QR code:



If you have any questions, concerns or require further information, please contact:
<http://cdpp.ca/get-involved>



Horse Sense

An equine-assisted activity program for those living with physical and psychological challenges



PARENTS NEEDED FOR RESEARCH STUDY



The School of Kinesiology and Health Science at York University is conducting a study to understand the role of parents in supporting physical activity among children and youth with disabilities.

This study involves completing online questionnaires and participants will receive a **\$10 gift card** as a token of appreciation.

Eligible participants must have a child (age 5-21 years) with a **disability** (e.g. physical, sensory, psychological, development disability)

To participate in this study, please visit:
http://fluidsurveys.com/s/TPB_baseline/
or scan the QR code:



If you have any questions, concerns or require further information, please contact:
<http://cdpp.ca/get-involved>



To promote overall well-being for people with special needs through equine-assisted activities



EMPOWERING CHILDREN WITH DISABILITIES THROUGH BASEBALL
IN A LEAGUE, ON A TEAM, IN A UNIFORM

April 21, 2016

To: Parents of children with Cognitive or Physical Disabilities

RE: EXCITING NEWS ABOUT THE CHALLENGER BASEBALL PROGRAM FOR THE 2016 SEASON

“Challenger Baseball” is the baseball division that provides the opportunity for children with cognitive or physical disabilities to enjoy the benefits of playing the fun sport of baseball “In a league...On a team...In a uniform” and to do so at their own pace and ability while having FUN!

The Challenger Baseball game is played in a safe, recreational environment where there are no strikes, no outs, no score to be kept and everyone’s a winner!!! Your child will be provided with an able-bodied “Buddy” who are “mentors” to the Challenger players. Buddies assist with the player’s involvement in the game, whether that be assisting players holding the bat and swing for a teed or pitched ball, running with or pushing their wheelchair around the bases, or even providing protection from a batted ball! Each player is registered as a player in a conventional Baseball Manitoba local sanctioned league and will be treated as such by being on a team, having a coach, be outfitted in a uniform and use the same equipment (with adaptations based on your child’s individual abilities)!! Of course, just as in any other division, Team and Individual pictures are a must along with a party to finish the season AND that coveted team trophy!!! Last, but not least, smiles are plentiful and FREE! Everyone just has fun, isn’t that what baseball is supposed to be about?

This exciting program has been in Canada since the early ‘90s and we are so thrilled to announce that Winnipeg’s Inaugural season will begin in June, 2016!!!

You are invited to come out to the ballgame by attending our OFFICIAL KICKOFF!!!

2016 Baseball Manitoba Challenger Baseball Day
June 4, 2016 at United Health and RecPlex (University of Winnipeg)
Located at: 350 Spence St, Winnipeg, MB

You will have the opportunity to learn more about our program, have your child play a game and help us celebrate our official kickoff!!! A league registration desk will be available as well as our committee to answer all of your questions! The league schedule will be determined after the Baseball Day to ensure all players are matched to a coach, team and buddy!

For more information and to register please visit our website at:

http://www.baseballmanitoba.ca/youth_program_details.php?youth_program_id=21

and /or contact:

Bobbi Bottle
Provincial Coordinator
Manitoba Challenger Baseball
Ph: (204) 803-8868
Email: blbottle@shaw.ca





EMPOWERING CHILDREN WITH DISABILITIES THROUGH BASEBALL

Find your local league or get one started at challengerbaseball.ca

Proud Supporters:



ATTENTION SPORTS FANS!

THE CEREBRAL PALSY ASSOCIATION OF
MANITOBA INVITES YOU TO A
Winnipeg Blue Bomber Game



DATE - Wednesday, June 8 & 24, 2016
GAME TIME - 7:30 PM

Investors Group Field
315 Chancellor Matheson Rd
Winnipeg, MB

Call/email the office for availability, how many
seats and dates attending (adults & children),
Priority will be given to members
who have not yet attended a game.
Davidk@cerebralpalsy.mb.ca
204-982-4811 or 800-416-6166

Deadline to register is June 3, 2016

THE CEREBRAL PALSY ASSOCIATION OF
MANITOBA INVITES YOU TO A
Winnipeg Goldeyes Game



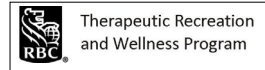
DATE - Wednesday, July 13, 2016
GAME TIME - 7:00 PM

Shaw Park
One Portage Avenue East
Winnipeg, MB

Get Game tickets and
a voucher for Hot Dog & Drink

Call/email the office with how many
will be attending (adults & children).
Priority will be given to members who
have not yet attended a game.
Davidk@cerebralpalsy.mb.ca
204-982-4811 or 800-416-6166

Deadline to register is July 6, 2016



Hi Parents and Caregivers,

Have you made your summer plans yet? We still have spaces in our Sun and Fun Summer Camp.

Please note we are opening up eligibility to include campers 11 years old.

Our summer camp is a fun active day camp for youth with special needs, where recreation and leisure activities are adapted to meet each camper's level of ability.

Trained staff offer support, take the time to build rapport and engage youth with a variety of ability levels.

Activities Includes:

- Music
- Floor hockey
- Biking
- Bowling
- Swimming
- Gardening
- Crafts
- Cooking

Please see attached information sheet and registration forms for camp.

Please fill out registration form and fax to:

Yvonne Kash at 204-477-5547.

For more information please call or email:

Carol Kehler at 204-235-8873; ckehler@rccinc.ca
Kristin Ryz at 204-898-1364; kryz@rccinc.ca
Cailin Anderson at 204-292-6736; canderson@rccinc.ca



633 Wellington Crescent, Winnipeg, Manitoba, Canada R3M 0A8 Ph(204) 452-4311 Fax 477-5547

THE RBC Therapeutic Recreation and Wellness program is part of RCC's LIFE program, and is generously funded by the Children's Rehabilitation Foundation and their donors. For more information on their work with families and children with special needs, visit their website at www.crf.mb.ca

THANK YOU MANITOBA For Your Generosity = \$191,380 See you in 2017!

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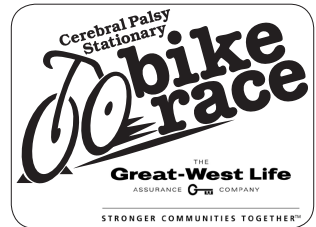
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Donate now cerebralpalsy.mb.ca
Approximately 50,000 people in Canada live with Cerebral Palsy.