



**CEREBRAL PALSY  
ASSOCIATION  
OF MANITOBA**



# What is CPMB?

CPMB is an independent non-profit organization governed by a volunteer Board of Directors. The Association offers information, referral, support, advocacy and use of its library to anyone affected with Cerebral Palsy (CP) or to those interested in or working with people affected by CP.



# How can I help CPMB?

**CP PROUD** Your donations to **CPMB** stay in Manitoba to enrich the lives of individuals affected by **CP**

**CP PROUD** Your generosity supports programs, advocacy, education, peer support and grants for important mobility and communication equipment

**CP PROUD** Become a **CAPTAIN** and Enter a **TEAM** at our annual Bike Race fundraiser

**CP PROUD** Become a **MEMBER** or **DONATE** at [cerebralpalsy.mb.ca](http://cerebralpalsy.mb.ca)



Our major annual fundraiser, the CPMB Stationary Bike Race brightens our Members' lives and keeps our Association's lights on!

ENTER A TEAM for our 35th annual Bike Race in May 2024— CONTACT Susana at (204) 915-8844 to SIGN UP TODAY!

# What is CP?



**CP is NOT:**

- contagious,
- hereditary, or
- life-threatening

**A term used to describe a group of disorders affecting muscle coordination and body movement**

**Damage to the brain during pregnancy through age 3 may result in CP**



**Covers a broad span of disability from a slight speech impediment (mild) to cases of virtually no muscle control (severe)**

**1 of every 500 babies and up to 1 in 3 premature babies are affected by CP to some extent**

**It's estimated that over 50,000 Canadians have CP**



**Get involved with CPMB today!**

*Contact us to learn more:*

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**THANK  
YOU from**



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